**Gymnastics in Primary Physical Education Sports Basics Ltd**

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| **Unit of work:** Assessment | **Specific Focus:** Key Stage 1 | **Time:** 45 minutes | **Level:** KS1 |

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|  **Learning outcomes** To identify the classes level of ability* To understand the criteria for assessment
* To be able to assess their own gymnastic skill level
* To be able to assess their partners gymnastic skill level
 |  **Equipment required to deliver the session** A large indoor space  Two children to one activity mat |
|  **Resources** Attached |  **Key words**  Assessment, comfortable, Can d, Can do well,  |
| Using the criteria identified at the bottom right hand corner. This assessment can be performed by teacher, or children may be given the opportunity to self assess and/or peer assess, their own and others performance of the various skills worked within the lesson and also a various stages throughout the term **Not comfortable:** Children not able to perform these skills, or not wanting to perform these skills **Working towards:** Children needing support, or enabling activities to perform these skills **Can Do:** Children can perform these skills but with errors **Can do well:** Children can perform these skills with good qualityChildren may need help in understanding the skill or terminology along with reading the words  |

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|  |  |  |  |  |  | **Key Stage One Core Gymnastic Skill Assessment** |  |  |  |
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|  |  |  |  |  |  | Rolling |  |  |  |  |  |  |  | Jumps, Leaps & Turns |  |  |  |  |  |  | Stepping |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |   |   |   |   |  | Log roll |  |  |   |   |   |   |  | One - One |  |  |   |   |   |   |  | Forward |  |
|  |   |   |   |   |  | Egg roll |  |  |   |   |   |   |  | One - Two |  |  |   |   |   |   |  | Backward |
|  |   |   |   |   |  | Side roll |  |   |   |   |   |  | Two - Two |  |  |   |   |   |   |  | Sideways |
|  |   |   |   |   |  | Teddy bear roll |  |   |   |   |   |  | Two - One |  |  |   |   |   |   |  | Straight leg |
|  |   |   |   |   |  | Rocking & Rolling |  |   |   |   |   |  | One to the other |  |  |   |   |   |   |  | Bent leg |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |   |   |   |   |  | 2 to 1 leap |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |   |   |   |   |  | Cat leap |  |  |  |  |  |  |  | Shapes |  |
|  |  |  |  |  |  | Balance |  |   |   |   |   |  | Scissor leap |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |   |  | Straight |  |
|  |   |   |   |   |  | Dish |  |  |  |  |  |  |  |  |  |  |  |   |   |   |   |  | Tuck |  |
|  |   |   |   |   |  | Arch/Hollow |  |  |  |  |  |  |  |  |  |  |   |   |   |   |  | Pike |  |
|  |   |   |   |   |  | Shoulder balance |  |   |   |   |   |  | 1/2 turn |  |  |  |   |   |   |   |  | Star |  |
|  |   |   |   |   |  | Stork Stand |  |   |   |   |   |  | Full turn |  |  |  |   |   |   |   |  | Straddle |  |
|  |   |   |   |   |  | Needle Stand |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |   |   |   |   |  | Arabesque |  |  |  |  |  |  |  |  |  |  |  |  | Not Comfortable |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Working towards |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Can do |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Can do well |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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